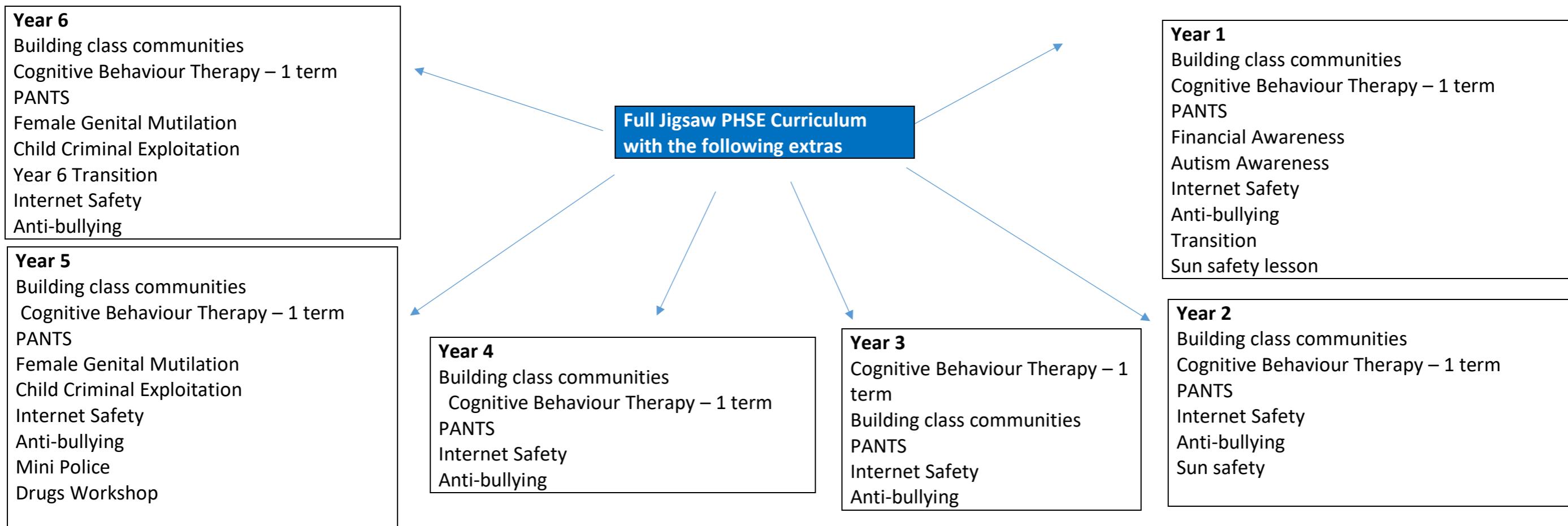


SEMH/PSHE at Easton Academy

Intent and Implementation

At Easton, SEMH support/PHSE aims to equip children for the real world. We have designed a curriculum to suit the wider needs of our children based on the world that is currently around them. Most of our children have experienced either primary or secondary trauma. In addition to this, local crime statistics are very high. Therefore, our PHSE needs to equip the children with the skills to thrive in society in the present and the future. We use the full Jigsaw curriculum with additional support. The additional support includes a full term of class cognitive behaviour therapy, zones of regulation, being safe in the community workshops with the police and FGM Awareness Workshops.



Zones of Regulation	Blue Zone – Sadness	Green Zone – Calm	Yellow Zone – Anxious	Red Zone - Angry
Whole School	<ul style="list-style-type: none"> Pivotal Behaviour Curriculum Anxiety CBT Curriculum (1 term a year – whole school) 1 term a year PHSE Class Assembly 	<ul style="list-style-type: none"> Pivotal Behaviour Curriculum 1 Term a year PHSE Class Assembly 	<ul style="list-style-type: none"> Pivotal Behaviour Curriculum Cognitive Behaviour Therapy Curriculum – Whole School 1 term a year 1 Term a year PHSE Class Assembly Safety Intervention Plan Year group transition lessons 	<ul style="list-style-type: none"> Pivotal Behaviour Curriculum 1 Term a year PHSE Class Assembly Safety Intervention Plan
Individual/Group Support	<ul style="list-style-type: none"> Trauma informed practitioner Bereavement group Boxing mentoring 		<ul style="list-style-type: none"> Primary Mental Health Specialist Support Psychotherapist Police mentoring 	<ul style="list-style-type: none"> Trauma informed practitioners Psychotherapist Zones of Regulation groups